

## Student Nurse and Competence Assessment Program (CAP) candidates - Fluid and Medication Preparation and Administration Guide.

### ALL fluids and medications MUST be prepared and administered under the DIRECT SUPERVISION of a Registered Nurse (RN)

The following routes or procedures are approved for use under the DIRECT SUPERVISION of a Registered Nurse who must be physically present, observing each step of the procedure.	BN Year One	Diploma of Enrolled Nursing	BN Year Two	BN Year Three	CAP Candidates	MNSC Year One Acute Care	MNSC Year Two
Oral, PR, PV, PEG, NGT, buccal / sublingual, topical/transdermal, SC or IM injection, Metered dose inhalers (MDI's), nebulizers, oxygen							
Controlled Drugs by the following routes - oral, IM, SC, PR, PV, PEG, NGT, buccal/SL, topical/transdermal	P	P	P	P	P	P	P
IV or SC fluids (**excluding <b>HIGH RISK</b> medication additives) <b>Note:</b> Premixed fluids already containing Potassium chloride are fine	<b>Preparation</b>						
	<b>Administration</b>	O	O				
Peripheral IV bolus meds (**excludes <b>HIGH RISK</b> Medication additives)	<b>Preparation</b>		O				
	<b>Administration</b>	O	O				
Flushing peripheral IV cannulae with 0.9% Normal Saline flush	O	O					
Removal of IV / SC cannulae and IV/SC dressing change							
Patient controlled analgesia (PCA)	O	O	O	P	P	O	P
SC syringe driver	O	O				O	
Intravenous syringe driver	O	O	O	O	O	O	O
<b>Immunisation:</b> A standing order or prescription is required for the administration of immunisations (including scheduled), under the <b>DIRECT</b> supervision of an authorised vaccinator. Clients <b>MUST</b> be at least 12 years of age, with parental consent if under 16 years of age. Students / CAP candidates may <b>NOT</b> administer COVID-19 vaccines.	O	O	LP	LP	O	LP	LP
Venepuncture	O	O	LP	LP	LP	O	LP
IV blood or blood component preparation or administration	O	O	P	P	P	P	P

\*\*\* **HIGH RISK Medication additives** include IV insulin, IV heparin, Potassium Chloride, Controlled drugs, vasoactive drugs, inotropes, TPN, chemotherapy

#### The following modalities are NOT to be handled by Student Nurses or CAP candidates:

Cytotoxics (by any mode), Epidural administration, Central Venous Access Devices (CVAD), including tunneled / non tunneled catheters, implanted ports, PICC lines or renal dialysis catheters.

#### Student nurses and CAP candidates are NOT to sign the Controlled Drug Register.

In some clinical areas, certain procedures may be undertaken with the authorisation of a Te Whatu Ora Southern IV Clinical Nurse Specialist (or relevant Manager).

Immunisations and Venepuncture may ONLY be performed after completion of a theoretical / practical course approved by the clinical area.

**Peripheral cannulation requires clinical skills assessment, irrespective of prior experience.**

#### KEY:



May perform full procedure under DIRECT SUPERVISION of RN, including signing as second checker  
(Med chart - document name in comments box)



Requires completion of a learning package approved by the clinical area



May have partial involvement under DIRECT SUPERVISION of RN, as a learning opportunity. Students will NOT sign documentation relating to the procedure



May observe ONLY, as a learning opportunity