

**Otago Polytechnic School of Midwifery**

**Bachelor of Midwifery  
2025 Year 1 Book List**

* Davies, L., Daellenbach, R., & Kensington, M. (Eds.). (2020). *Sustainability, midwifery and birth.* (2nd ed.). Routledge.  
  Required for HPR05408: Midwifery Ways of Knowing 1; HPR05407: Midwifery Sustainability
* de-Vitry Smith, S. & Bayes, S. (2022). *Skills for midwifery practice Australia and New Zealand* (2nd ed.). Elsevier. **\***  
  Essential for HPR05403: Introduction to Midwifery Skills
* Doughty, R. & Menage, D. (2022). *Introduction to research for midwives*(4th ed.). Elsevier.  
  Required for HPR05408: Midwifery Ways of Knowing 1.
* Durie, M. (1998). *Whaiora: Māori health development* (2nd ed.). University Press.  
  Required for HPR05402: Te Tiriti o Waitangi and Midwifery Practice; HPR05406: Te Ao Māori.
* Guilliland, K., & Pairman, S. (2010). *The midwifery partnership: A model for practice.*(2nd ed.). New Zealand College of Midwives. (Purchase through NZ College of Midwives: $25-member, $35 non-member.)  
  Recommended for HPR05408: Midwifery Ways of Knowing 1.
* Martini, F.H., Ober, W.C., Nath, J.L., & Bartholomew, E.F. (2017). *Visual anatomy and physiology (*3rd ed.). + *Martini's Atlas of the Human Body.* Pearson Education US. **\***  
  Recommended for HPR05405: Human Anatomy and Physiology.
* Mcfadden, Roger. & Fell, Patricia. (2025*). Introducing pharmacology: For nursing and healthcare* (4d ed.). Taylor & Francis Group. Recommended for HPR05403: Introduction to Midwifery Skills
* Pairman, S., Tracy, S., Dahlen, H., & Dixon, L. (Eds.). (2023) *Midwifery: Preparation for practice*(5th ed.). Elsevier.   
  Essential for HPR05408: Midwifery Ways of Knowing 1, HPR05404: Partnership Practice Experience, HPR05407: Midwifery Sustainability and HPR05405: Human Anatomy and Physiology (not available as an e-book)

Please note, this is the latest version of the Preparation for practice book. If you are not purchasing this edition, then you will be able to access the 2019 (4th edition) as an e-book from the library.

* New Zealand College of Midwives (Inc.) (2015). *Midwives handbook for practice* (5th ed.). New Zealand College of Midwives. (Purchase through NZ College of Midwives: $11-member, $16 non-member).\*\* The Wellington, Whanganui and Otago regions of New Zealand College of Midwives will provide this for students in these regions.\*\*.  
  Required for: HPR05408: Midwifery Ways of Knowing 1; HPR05404: Partnership Practice Experience
* O’Toole, G. (2024). *Communication: Core Interpersonal Skills for Health Professionals* (5th ed.).Elsevier.   
  Essential for HPR05401: Professional Communication
* Rankin, J. (2024). *Physiology in childbearing with anatomy and related biosciences* (5th ed.). Elsevier

Recommended for HPR05405: Human Anatomy and Physiology