

# In work, at work, for work.

My Early Learning, Influences and Beliefs

My Career Timeline showing skills, knowledge and attitudes from experience.

Historic Case Study demonstrating key learning and capabilities

Proving my Capabilities against graduate profile

New Learning to meet graduate profile

Current Case Study of key learning and capabilities

Framework of Practice – including old and new me

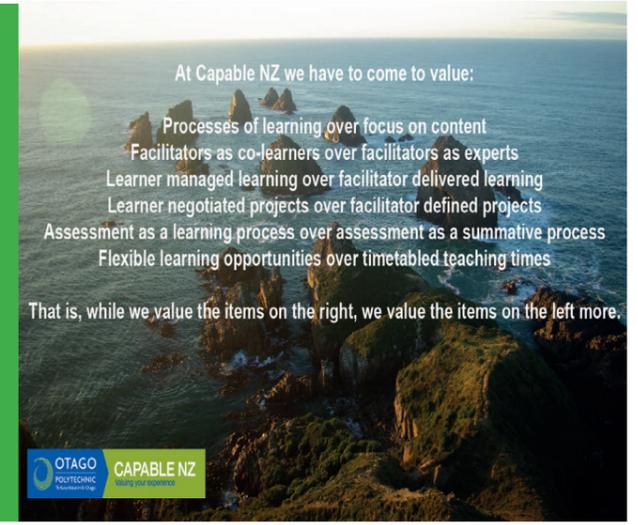
Portfolio of Evidence and Oral Assessment

Theme 1: The ILP Process - coping with programme expectations (understanding the nature of independent learning)

Theme 2: Perspectives of New Learning – what and why? (nature of new learning, reflective practice, framework of practice, transformation)

Theme 3: Facilitating Learning – how best achieved (including the Role of the Facilitator)

Capable NZ Values



| Looking Back                                                                                                                                                                                                                                                                                                                                                                                              | Taking Stock                                                                                                                                                                                                                                                                                                       | Summing Up & Looking Forward                                                                                                                                                                                                                           |
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| <p><b>LT1</b> Early life and influences</p> <ul style="list-style-type: none"> <li>- Who and why am I?</li> <li>- Beginning of the building of the Portfolio of Evidence (PoE) including a daily reflective/learning journal</li> </ul>                                                                                                                                                                   | <p><b>LT4</b> Graduate profile</p> <p>Matching up and identifying potential areas for growth and development.</p> <ul style="list-style-type: none"> <li>- How Much Do I Know and Can Evidence?</li> <li>- Why Do I Know and Can Evidence? (against the graduate profile of the degree working towards)</li> </ul> | <p><b>LT6</b> Current case study</p> <p>Including integration of new learning and meaning.</p>                                                                                                                                                         |
| <p><b>LT2</b> Career development timeline</p> <p>Professional Identity</p> <ul style="list-style-type: none"> <li>- What Have I Done,</li> <li>- What Do I Know,</li> <li>- Why Do I Know,</li> <li>- How have I Learned (understanding of self in the context of work place practices)</li> </ul>                                                                                                        | <p><b>LT5</b> Areas of new learning</p> <ul style="list-style-type: none"> <li>- What Else Do I Need?</li> <li>- How Can I Learn It?</li> <li>- What Are My Options?</li> <li>- What does this learning mean?</li> </ul>                                                                                           | <p><b>LT7</b> Framework of practice (including personal and professional identity and growth)</p> <p>Integrating the Whole of Self, Looking at the Old and New Me, My Professional Framework of Practice, My Future Self, The Transformation of Me</p> |
| <p><b>LT3</b> Historic case study</p> <p>Critically reflect and analyse learning and meaning.</p> <ul style="list-style-type: none"> <li>- selecting on work role where there was huge learning/lots of impact in terms of development of skills and knowledge</li> <li>- looking back to evidence my learning</li> <li>- what I know, how I learned, the meaning on my practice then and now.</li> </ul> | <p><b>LT</b> Learning task</p> <p>Total time 10 months</p>                                                                                                                                                                                                                                                         | <p><b>LT8</b> Preparation of portfolio and presentation</p> <p>Pulling it all together, gathering evidence, preparing for oral and visual discussion, reflecting on the last ten months, moving forward</p>                                            |
| <p><b>REFLECTION, NEW LEARNING, TRANSFORMATION, PROFESSIONAL FRAMEWORK OF PRACTICE, FUTURE</b></p>                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                        |





Shirley Kerr started at St John as a volunteer paramedic, and has worked her way up to a national position in charge of compliance and quality in first aid training. Although Shirley has had more than 30 years of experience with the organisation, she used to feel inferior and in awe of anyone who had a higher education. Then a friend introduced her to Capable NZ.



While his Black Caps teammates put themselves to the test against Sri Lanka, star player Grant Elliott celebrated another achievement. His broken arm may have kept him off the sports field, but it meant he could attend graduation. New Zealand cricket superstar and living legend Grant Elliott graduated from Otago Polytechnic, Friday 11 December 2015, with a Bachelor of Applied Management through Capable NZ.



From rugby tackles to corporate battles. Hale T-Pole started his journey of learning as his professional rugby was finishing. He wanted to gain a qualification that acknowledged his life as an athlete, as a coach, mentor, sports marketer, as well as his community practice – giving back to young people and making a difference.



Vicki Yarker-Jones is a nursing educator whose eclectic career is evolving to include private practice in counselling. She says “at any given moment in life you are the sum total of your experiences”. In her portfolio for her Bachelor of Social Services (counselling), Vicki explored her refraction model of counselling (along with importance of being grounded in place, the importance of imagination, steampunk, and being purple).



Kiri Sloane-Hobson first encountered Capable NZ as part of a programme being recommended by her employer. Having recognised great value in the reflective process to achieve a qualification, she decided to continue her learning journey. Kiri enrolled on the Bachelor of Applied Management programme and in Spring 2015 was successful in being awarded the qualification.

It's learning Jim, but not as you know it: targeting individual learning 'through work, for work, at work'.

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## Reflection

To look to my future meant I needed to reflect on my past.

Key learning was the importance of reflection – made me stop and think, reflecting and articulating knowledge, different theories, and a bicultural perspective

Making explicit who and why I am was cathartic

## Perspectives of New Learning

I learned to navigate my way through ambiguity

Finding the alignment in what I did, why I did, how I did and relating this to other models

I started to find validation for my professional skills and my personal way of being

## Transformation

The biggest impact is within

I see myself differently now

Transformative doesn't describe the depth of change and the long term implications – it's bigger than that

This was an opportunity to tell my story, to turn the volume up a little bit

Capable NZ gave me the opportunity to 'look at my blueprint and change it'

## Framework of Practice

I now believe in myself and I put processes around it

I was fit for sport, now I'm fit for life.

I have an increased self-awareness personally and professionally

I practice with intention and integrity

My personality and my skills are unique to my way of being and I now have the ability to use them appropriately in the right context

## Future

Opened my eyes, made me think more broadly, ability to learn more, now more employable

I still don't wear \$300 boots

I explode with skills and knowledge

Less encumbered now – I didn't realise how much weight I was carrying from the past