# Building connections and working together - A focus on ākonga engagement.

Caryn Hayes and Rachel Byars



School of Business

## Where we were (end of 2022)

Covid 19 disruption – time to reset and refocus

Building and enhancing connection

# Our continued practice

Relationships and a sense of purpose and belonging are fundamental to student engagement and wellbeing (Bowden, 2013; Bowden et al. 2021; Field, 2009)

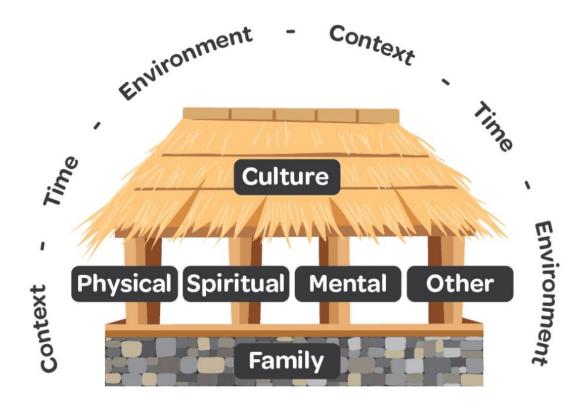
Building relationships with all our ākonga Pastoral care is a whole team approach

Engaging with support services

# Connection – holistic framework

#### TE WHARE TAPA WHĀ





Graphic courtesy of Getting Through Together (allright.org.nz/GTT), a campaign by The Mental Health Foundation of New Zealand (www.mentalhealth.org.nz) and AllRight? (www.allright.org.nz)

# Individual Learning Plan

- Completion of Individual Learning Plan
- Meeting with Caryn or Rachel

#### Your Individual Learning Plan

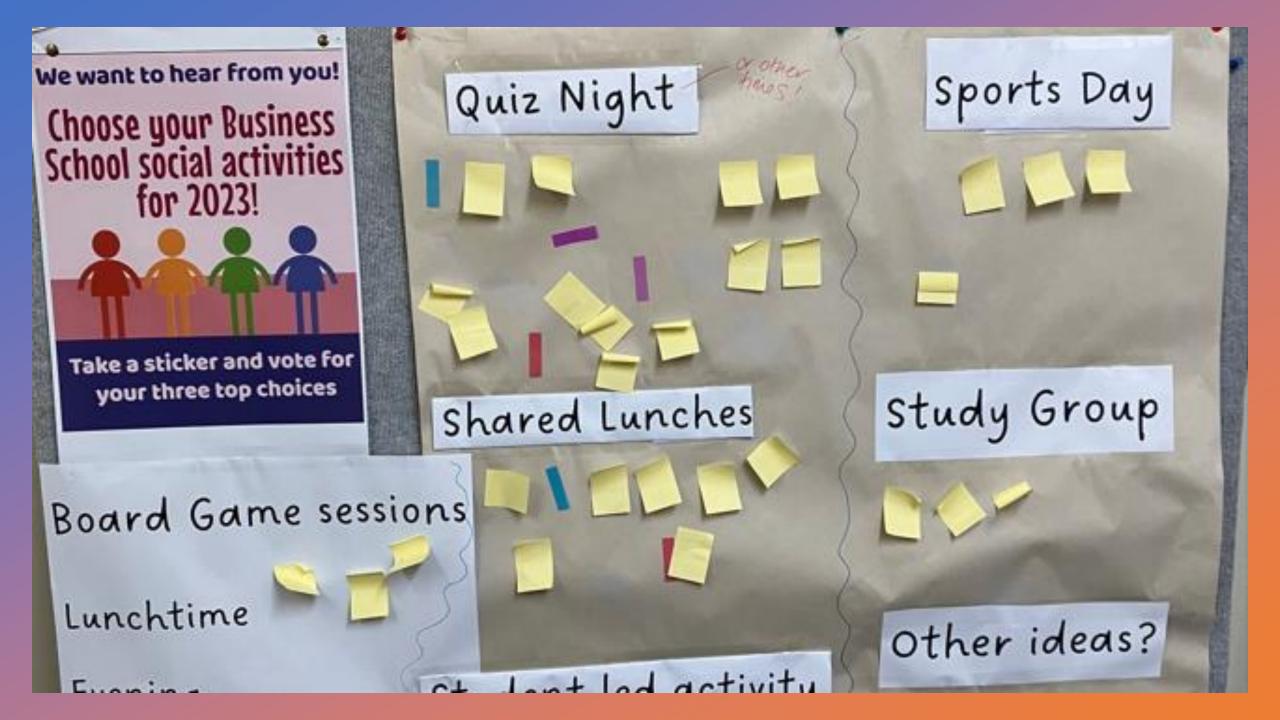
This individual learning plan is designed to help you set goals and achieve academic and professional success while prioritising personal wellness. It is important to review and update the plan periodically to ensure that it aligns with current goals and needs.

Name:

#### Tell us about yourself!

- 1) What programme are you currently studying?
  - Diploma in Business 🛛
  - Bachelor of Applied Management
  - Certificate in Business Administration
- 2) When are you expected to complete your course?
- Where are you currently staying?
  Halls of Residence (e.g., |Te Pa Tauira Student Village)
  Flatting
  Living on own or with whanau
  Other

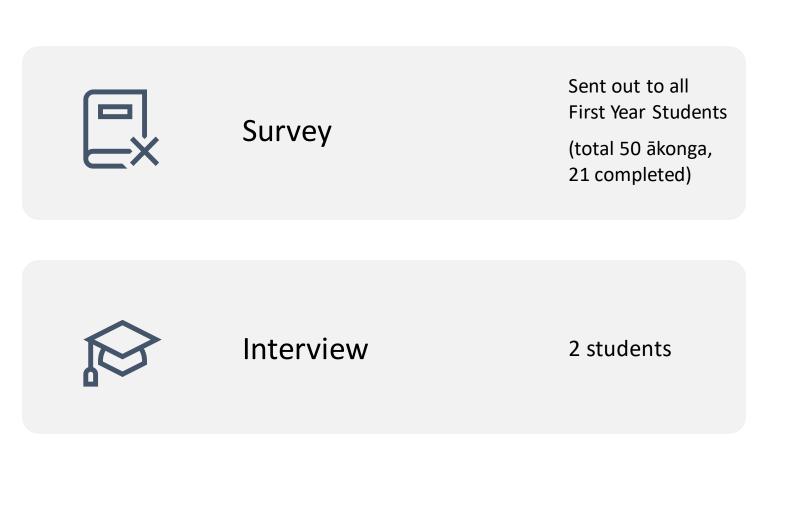
4) What are your commitments outside of studying with us?



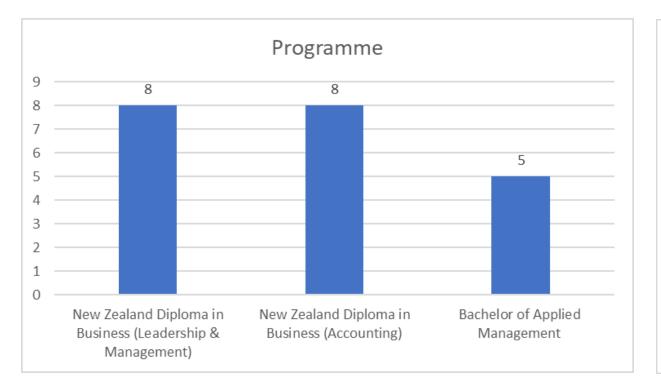


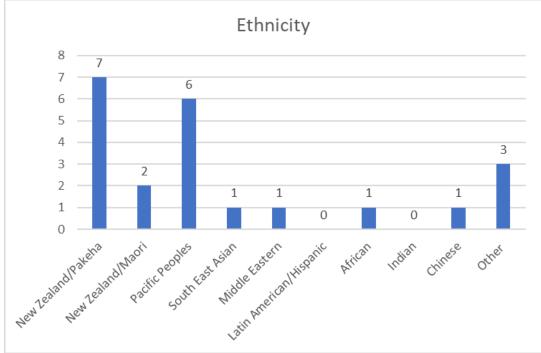


# Research Methods

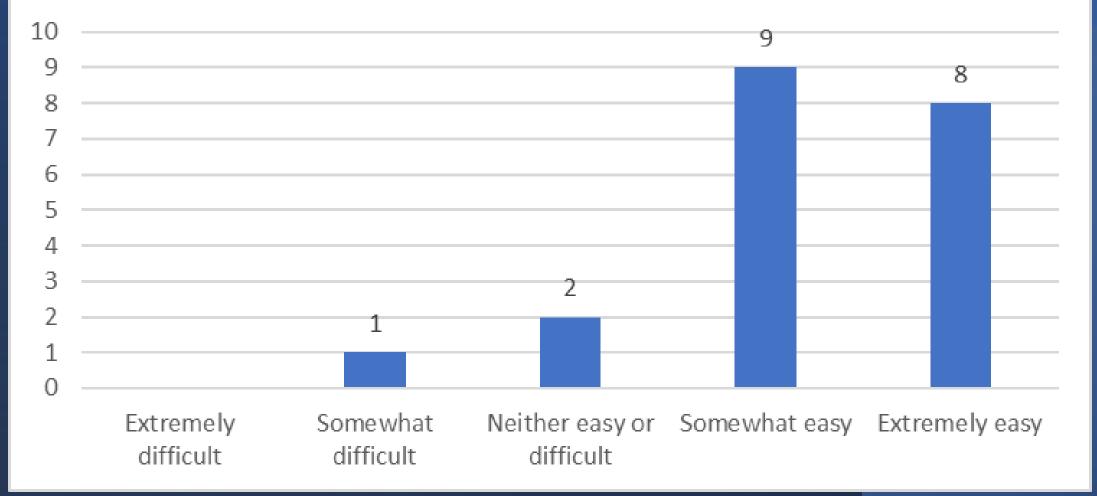


### First Year Students

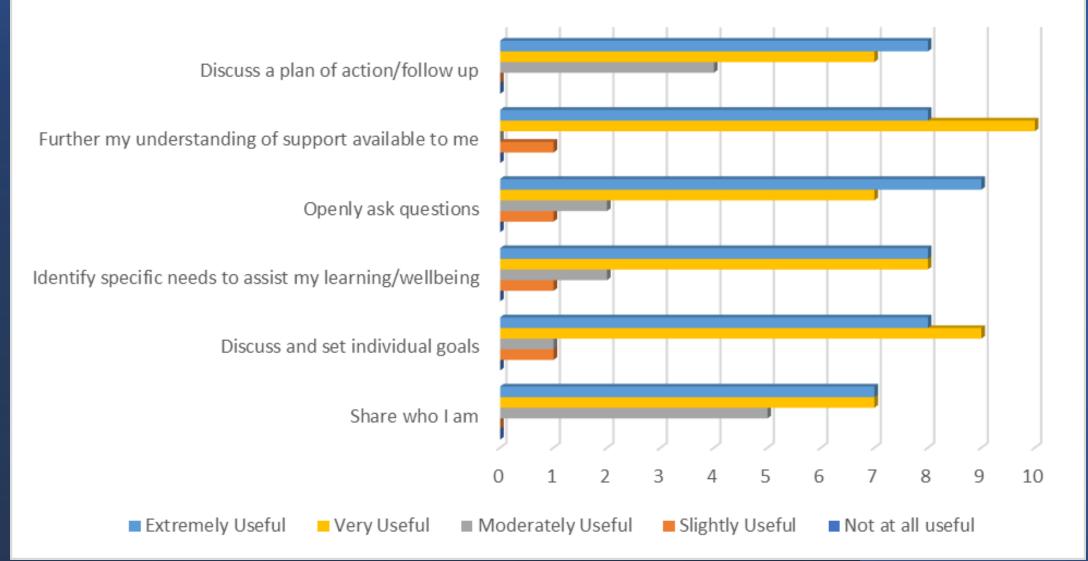




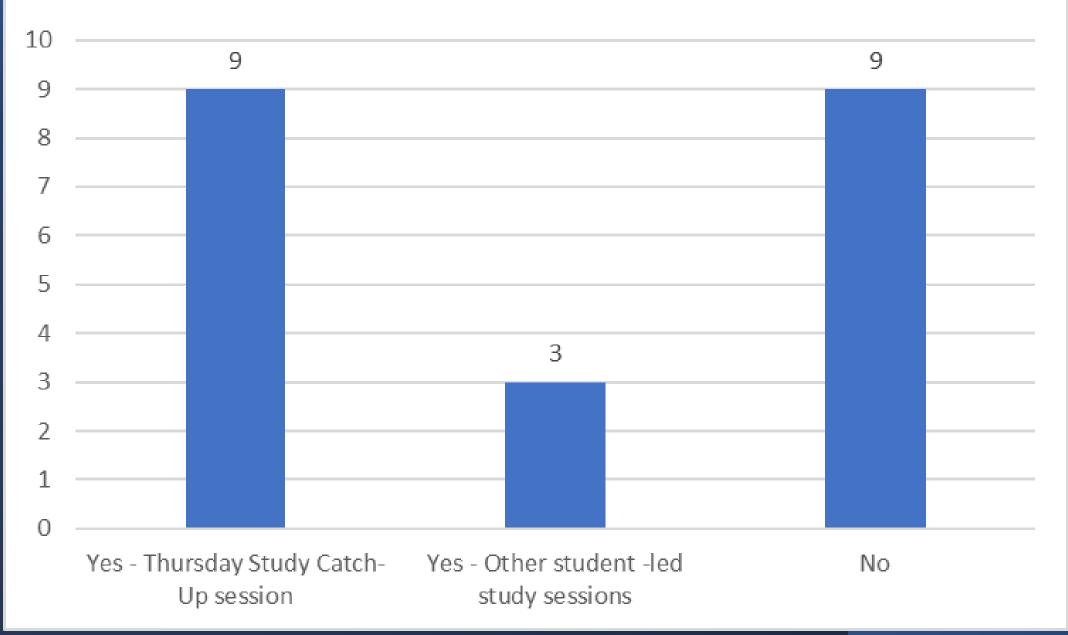
### How did you find completing the Individual Learning Plan form?



#### One to One Individual Learning Plan Meeting



#### Study Sessions



#### Interviews

Confidence, Relationships and Connection

- Building confidence
- Making connections with ākonga
- Building relationships with staff

#### Interviews

Self

- Building confidence
- Self-belief
- Identifying personal strengths and weaknesses
- Ownership and accountability
- Focus
- Positive effect of setting goals

#### Interviews

# Support

- Enabling understanding where to go for help and support
- Actively utilising the support available
- Peer support
- Providing support to others

## What we learned

- Importance of building relationships and connection
- Helped to build confidence
- Benefits of initial goal setting
- Sense of belonging within the School of Business and connection with the wider tertiary community



# Where to from here?

Expanding the initial ILP to include all new ākonga across the School of Business

Facilitating the re-evaluation of ILP across successive years of study.

Shared lunches with students and staff

Share findings and recommendations with colleagues

Tell us what you do!

# References

- Bowden, J. (2013). What's in a relationship?: Affective commitment, bonding and the tertiary first year experience—A student and faculty perspective. *Asia Pacific Journal of Marketing and Logistics*, *25*(3), 428–451. <u>https://doi.org/10.1108/APJML-07-2012-0067</u>
- Bowden, J. L.-H., Tickle, L., & Naumann, K. (2021). The four pillars of tertiary student engagement and success: A holistic measurement approach. *Studies in Higher Education*, 46(6), 1207–1224. https://doi.org/10.1080/03075079.2019.1672647
- Field, J. (2009). *Well-Being and Happiness: Inquiry Into the Future of Lifelong Learning*. (Thematic Paper 4). Leicester: National Institute of Adult Continuing Education.
- Martin, F., & Bolliger, D. U. (2018). Engagement Matters: Student Perceptions on the Importance of Engagement Strategies in the Online Learning Environment. *Online Learning*, 22(1). https://doi.org/10.24059/olj.v22i1.1092





# Thank you for listening

# Any questions?