

Bachelor of Applied Science

"Elite Paralympian Holly Robinson has gained a qualification to support a long-lasting career in sport, exercise and health."

- [Read about Holly Robinson](#)
- [More Adventure, Sport & Massage Therapy programmes](#)

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Domestic fee: \$7,521 (first year)

International fee: \$22,520 (first year)

[Compulsory student levy >](#)
[StudyLink >](#)

Ask A Question

Your name Email NZ phone number

(if applicable) Message Please tick the box to continue

Thank you for your interest. If you experience any difficulties with submitting this form, please email info@op.ac.nz or call us on 0800 762 786 (NZ) or +64 3 477 3014 (Intl.)

▶ OT5133V1
OT5133



Location

Dunedin

Duration

Three years full-time; part-time options

Delivery

Blended, distance learning

Credits

360

Level

7

Start

February

Apply

By 30 November (preferred). Late applications will be accepted until start date of programme if places available.

- Location
Intake
Study breaks
- Dunedin
22 February 2022
9 May 2022 - 27 May 2022
- Dunedin
22 February 2022
9 May 2022 - 27 May 2022
- Dunedin
22 February 2022
9 May 2022 - 27 May 2022

With specialities in Sport, Exercise, Health and Massage

Are you passionate about sports, exercise or health? Do you like working with people? Do you want to help others improve their lives to reach their potential?

If you answered yes to all of these, then this contemporary degree is the pathway for you.

It's based around practical experiences and problem-based learning and you'll learn to reflect and critique your own and others' practice. There'll be the opportunity to gain "real world" industry experience and to take part in community-based projects with the support of our experienced staff.

This degree will allow you to develop the transferable skills that make you work ready.

If you choose the massage and health specialities, you'll complete the New Zealand Diploma in Wellness and Relaxation Massage as your first year of study. You'll then continue into Year 2 of the Bachelor of Applied Science. By successfully completing this degree, you'll meet the requirements for registration with Massage New Zealand (MNZ) as a massage therapist specialist in rehabilitation.

Those who choose to study the exercise specialty will be able to apply for registration with the Register of Exercise Professionals (REPs) after they graduate.

- ▶ Career opportunities
- ▶ Entry requirements
- ▶ Don't meet the entry requirements?
- ▶ Selection criteria
- ▶ Additional costs
- ▶ Your workload
- ▶ What you'll study
- ▶ Further study options
- ▶ Student loans/allowances
- ▶ Recognition of prior learning
- ▶ Apply Now